

NMISF Team Travel Policy

Purpose

During travel, athletes are often away from their families and support networks. Different settings such as new cities and hotels; locker rooms; workout facilities; transportation and accommodations are often less structured and familiar. Athletes can be more vulnerable during these trips and need to read and comply with the NMISF travel policy.

Team Travel is defined as overnight travel to a swim meet or other team activity that is planned and supervised by the NMISF.

General

- a. A copy of the NMISF Code of Conduct must be signed by the athlete and his/her parent or legal guardian.
- b. A Medical Consent and Liability Release must be signed by the athlete and his/her parent or legal guardian.
- c. Parents/legal guardians responsible for getting swimmer(s) to stated departure point.
- d. Requirements for families to attend "Team Travel meets."
- e. A signature on documents listed constitutes unconditional agreement to comply with the stipulations of these documents.
- f. During overnight team travel, if athletes are paired with other athletes they shall be of the same gender and should be a similar age. Where athletes are age 13 and over, chaperones and/or team coaches would ideally stay in nearby rooms. When athletes are age 12 and under, chaperones and/or team coaches must stay with athletes. Where chaperones/team coaches are staying in a room with athletes, they should be the same gender as the athlete and written consent should be given by athlete's parents or legal guardian.
- g. To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athlete's rooms and no female athletes in male athlete's rooms (unless the other athlete is a family member of that particular athlete).
- h. Curfews shall be established by the team coaches each day of the trip.
- i. Team members and staff travelling with the team will attend all team functions including meetings, practices, meals, meet sessions, etc. unless otherwise excused or instructed by the head coach or his/her designee.
- j. The directions and decisions of coaches/chaperones are final.
- k. Swimmers are expected to remain with the team at all times during the trip. Swimmers are not to leave the competition venue, accommodations, a restaurant, or any other place at which the team has gathered without the permission/knowledge of the coach or chaperone.

Behavior

- a. Be quiet and respect the rights of teammates and others in accommodations;
- b. Be prompt and on time;
- c. Develop cell phone usage guidelines;
- d. Develop computer use guidelines including social media;
- e. Respect travel vehicles;
- f. Establish travel dress code;
- g. Use appropriate behavior in public facilities;
- h. Establish two different curfews - in rooms and lights out;
- i. Must stay in assigned room; and
- j. Needs & wellbeing of the team come first.

Financial

- a. No room service without permission;
- b. Swimmers responsible for all incidental charges;
- c. Swimmers responsible for any damages or thievery at accommodations; and
- d. Must participate in contracted group meals,

Honor Code

- a. Team member will display proper respect and sportsmanship toward coaches, officials, administrators, teammates, fellow competitors and the public at all times.
- b. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
- c. The possession or use of alcohol or tobacco products by any athlete is prohibited.
- d. The possession, use, or sale/distribution of any controlled or illegal substance or any form of weapon is strictly forbidden.
- e. No "deck changes" are permitted. Athletes are expected to use available change facilities.
- f. Swimmers are to refrain from inappropriate physical contact at team activities and events.
- g. Swimmers are to refrain from use of inappropriate language.
- h. The team members are reminded that when competing in meets, travelling on trips, and attending other meet-related functions, they are representing both themselves and the Northern Mariana Islands Swimming Federation. Athlete behavior must positively reflect the high standards of the NMISF.

Consequences

- a. Failure to comply with the Honor Code as set forth in this document may result in disciplinary action. Such discipline may include, but may not be limited to:
 1. Dismissal from the trip and immediate return home at the athlete's expense;
 2. Disqualification from one or more events, or all events of competition;
 3. Disqualification from future team travel meets;
 4. Financial penalties;
 5. Dismissal from the team.

Athlete Acknowledgement: Print/Sign _____

Date: _____